









Signature Meals

 <p>Cauliflower Rice with Herb Chicken and Spinach Eggs (475g)</p> <p>\$13.00 - 329cal</p>	 <p>Basil Minced Chicken with Brown Rice and Soy Eggs (430g)</p> <p>\$13.00 - 468cal</p>	 <p>Beef Bolognese Pasta with Mushrooms Ragout (430g)</p> <p>\$14.00 - 547cal</p>	 <p>Thai Style Tofu with Kale, Quinoa and Pumpkin Salad (430g)</p> <p>\$13.00 - 490cal</p>
 <p>Teriyaki Salmon with Brown Rice, Kimchi and Edamame (455g)</p> <p>\$19.00 - 531cal</p>	 <p>Gong Bao Chicken with Brown Rice and Eggplants (485g)</p> <p>\$15.00 - 515cal</p>	 <p>Nasi Lemak with Coconut Basmati Rice, Cucumber and Egg (500g)</p> <p>\$15.00 - 511cal</p>	 <p>Rendang Chicken with Brown Rice and Curry Roasted Cauliflower (480g)</p> <p>\$14.00 - 477cal</p>
 <p>Lamb Kofta with Couscous, Cucumber Mint Yoghurt and Pomegranate (415g)</p> <p>\$18.00 - 581cal</p>	 <p>Herb Chicken with Roasted Potatoes, French Beans and Harissa Sauce (445g)</p> <p>\$14.00 - 481cal</p>	 <p>Tom Yam Seafood with Brown Rice Noodles, Beansprouts and Long Beans (480g)</p> <p>\$18.00 - 528cal</p>	 <p>Yakiniku Stir Fried Tofu with Brown Rice, Broccoli and Red Chilli (470g)</p> <p>\$13.00 - 516cal</p>
 <p>Brown Rice Chicken Paella with Prawns, Squids and Green Peas (504g)</p> <p>\$17.00 - 531cal</p>	 <p>Vegan Meatballs with Wholemeal Pasta, Tomato Sauce, Broccoli (490g)</p> <p>\$13.00 - 581cal</p>	 <p>Peri Peri Chicken Breast with Roasted Potatoes and Broccoli (425g)</p> <p>\$15.00 - 504cal</p>	 <p>Honey Miso Tempeh with Quinoa and Broccoli (410g)</p> <p>\$15.00 - 521cal</p>
 <p>Vegan Peranakan Curry with Brown Rice (505g)</p> <p>\$13.00 - 525cal</p>	 <p>Beef Steak with Sauteed Kailan and Snap Peas (430g)</p> <p>\$19.00 - 616cal</p>	 <p>Honey Miso Salmon with Quinoa and Broccoli (420g)</p> <p>\$19.00 - 480cal</p>	 <p>Beef Meatballs with Mashed Potatoes and Sauteed Veggies (495g)</p> <p>\$14.00 - 577cal</p>

Desserts

 <p>Tofu Chocolate Brownie (100g)</p> <p>\$4.50 - 258cal</p>	 <p>Low Fat Cheesecake (90g)</p> <p>\$5.90 - 221cal</p>	 <p>Carrot Cake with Cashew Frosting (100g)</p> <p>\$5.90 - 326cal</p>	 <p>Peanut Butter Chocolate Cookie (40g)</p> <p>\$3.00 - 270cal</p>
 <p>Chocolate Hazelnut Energy Bites (2 pcs) (6 pcs)</p> <p>\$2.00 - 124cal \$5.50 - 372cal</p>	 <p>Peanut Butter Chocolate Energy Bites (2 pcs) (6 pcs)</p> <p>\$2.00 - 114cal \$5.50 - 342cal</p>	 <p>Pistachios and Dates Energy Bites (2 pcs) (6 pcs)</p> <p>\$2.00 - 96cal \$5.50 - 288cal</p>	

Set Meal Options

1. Honey Lemon (House Brew) \$3.50	2. Soup - Choice of Tom Yam, Tomato or Cumin Carrot \$3.00	3. Energy Bites (2 pcs) \$2.00	4. Green Salad \$3.00
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Beverages

1. Iced Mint Tea \$3.50	2. Coconut Water \$4.00	3. Carton Mineral Water \$2.00	4. Orange Juice \$6.00
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1 minimum order (\$150) • Open to special request order
3 working days advance notice

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